



# The Betel Homefront



## September, October & November 2024

### Recreation News

Our vegetable garden, flowers in the courtyard and around the building had a fantastic year. A special thank you to

Janice Lucek & Ceiligh Lefteruk (summer student) for all the extra attention that you spent keeping them looking great. We have been able to enjoy cucumbers, tomatoes & onions with a number of meals.

Our outings to restaurants in Selkirk will continue until the snow flies. If you would like your loved one to attend one of the outings, please speak to recreation. This month we will be going to Boston Pizza and next month we have 2 buses booked for a trip to the golf course.

### Basket Draw Fundraiser

This will be our 5<sup>th</sup> Annual Basket Draw Fundraiser, which gains popularity each year.

More information will be sent out in late November and early December. The proceeds from this fundraiser help to pay for entertainment, outings and purchasing recreation equipment.



### Resident Council News



**Upcoming Meeting Dates:**

- November 18, 2024
- January 20, 2025

*All meetings will be held at 2:00 pm in the recreation room.*

**All Residents & Family are welcome to attend!**

### Important Information from Joi the Safety Bear

It's that time once again! As we make the seasonal change from summer to fall there are a few things to keep in mind and watch out for. As overnight temperatures start to hover close to the freezing point (or going below it) there could potentially be heavy frost buildup or even ice formation on sidewalks and other outdoor surfaces around the facility. This can create slippery patches especially in the morning. Be sure to watch for hazards and report anything significant to maintenance as soon as possible. Also, be sure to use extra caution with wheelchairs and walkers on these surfaces. Until next time - have fun and always remember to stay safe!

### Volunteer News

The Betel Volunteer department is looking for new volunteers. It can be once a week, once a month or even once in a while.

- Entertainment Evenings
  - Supper Clubs
  - Readers Corner
  - Special Events

Volunteer applications can be found by the front entrance or contact the volunteer department directly at 204-482-5459 ext. 20956.

### Social Work News

Just a reminder to all family members to watch your mail for your initial and annual care conference letter! Within 8 weeks of admission and once per year thereafter we host an interdisciplinary meeting with Residents and their families to talk about all aspects of their care and address any concerns.

Caroline TenBrinke is in her Gimli office on Tuesdays, Wednesdays & alternate Mondays.  
Phone: 482-5469 ext. 20964  
Email: [ctenbrinke@ierha.ca](mailto:ctenbrinke@ierha.ca)





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### Trick or Treat

Residents will be greeting trick or treaters from 5:30-7:00pm on Halloween.

Bring your children, grandchildren & great grandkids for some candy.



### Up and Coming Around Betel

#### 2024 Influenza & Covid Vaccinations

It's that time of year again! Doses of the seasonal influenza vaccine (flu shot) as well as COVID vaccination boosters are ordered and expected to be in the facility by mid-September. Prior to administering the shots our Nursing team will be contacting every Resident or their designate to have consent forms signed. Nursing staff will discuss this with Residents and/or designates when they are contacted about the consent forms.

### Fall Fest

For those that were able to attend our hoedown, you do not want to miss out on our Fall Fest Party.

There will be music, games, photo booth, tattoos, snacks & laughs.

Friday, September 27<sup>th</sup>  
@ 1:30pm



### Family Meals

The library/family room can be booked for functions or just to have a meal with your loved one.

Meal tickets can be purchased from the main office or from the nursing desk on wings 5&6. A ticket must be presented before receiving a meal.



Please note that it needs to be booked before each time it is used.

### Management Contacts

Phone: (204) 482-5469

Angela Eyjolfson - Chief Executive Officer (ext. 20952) [aejolfson@ierha.ca](mailto:aejolfson@ierha.ca)

Gayanne Prise - Director of Finance (ext. 20951) [gprise@ierha.ca](mailto:gprise@ierha.ca)

Jacob Ahiaegbe - Director of Resident Care (ext. 20960) [jahiaegbe@ierha.ca](mailto:jahiaegbe@ierha.ca)

Cindy Marynowski - Clinical Nurse Manager (ext. 20967) [cmarynowski@ierha.ca](mailto:cmarynowski@ierha.ca)

Johannes Snorrason - Support Services Manager (ext. 20961) [jsnorrason@ierha.ca](mailto:jsnorrason@ierha.ca)

Michael Centeno - Food Services Manager (ext. 20968)

[michael.centeno@compass-canada.com](mailto:michael.centeno@compass-canada.com)

Matt Mutcherson - Recreation Manager (ext. 20956) [mmutcherson@ierha.ca](mailto:mmutcherson@ierha.ca)



Betel Home Foundation 212 Manchester Ave. Selkirk, MB. R1A 0B6  
Phone: (204) 482-5469 / Fax: (204) 482-4651 / [www.betelhomefoundation.ca](http://www.betelhomefoundation.ca)

